

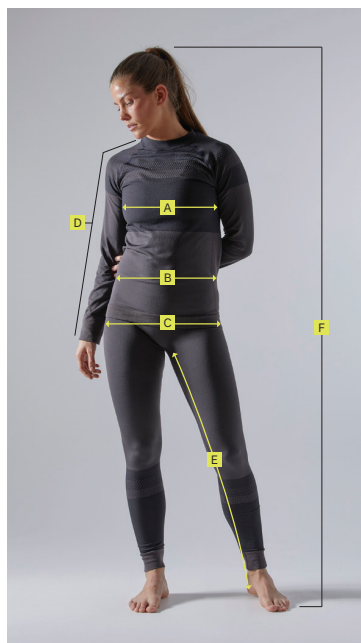
# Sizing & measurements

Use the chart below to determine your size. If you're on the borderline between two sizes, order the smaller size for a tighter fit or the larger size for a looser fit. If your measurements for chest and waist correspond to two different suggested sizes, order the size indicated by your chest measurement.

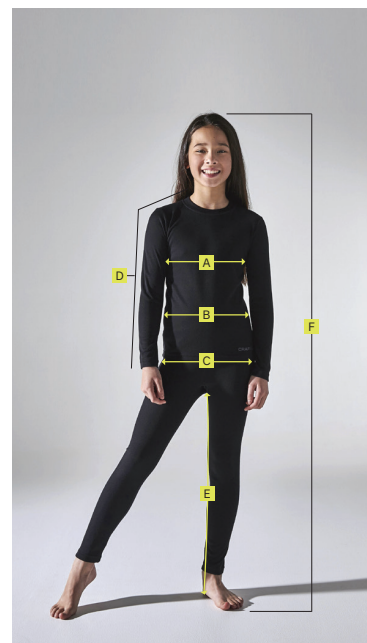
## How to measure yourself



MEN



WOMEN



JUNIOR

### A. CHEST

Wrap a tape measure evenly around the fullest part around the chest under your arms.

### B. WAIST

Wrap a measure tape around your natural waistline.

### C. SEAT

Standing with your feet together, measure around the fullest part of your hips.

### D. SHOULDER AND SLEEVE LENGTH

Measure from the lowest part of the neck, over the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

### E. INSIDE OF LEG

Standing with your feet together, measure from the crotch all the way down to the floor. Don't forget to stand as straight as possible. You may have to ask a friend to help you.

### F. LENGTH

The total length of your body.

## MEN

SIZE	XS	S	M	L	XL	XXL	3XL	4XL
Chest (cm)	87	93	99	105	111	119	127	135
Waist (cm)	75	81	87	93	99	107	115	123
Seat (cm)	89	95	101	107	113	121	129	137
Shoulder+ Sleeve lenght (cm)	78	80	82	84	86	88	90	92
Inside of leg (cm)	82	84	86	88	90	92	94	96
Length (cm)	172	176	180	184	188	192	196	200

## WOMEN

SIZE	XS	S	M	L	XL	XXL	3XL	4XL
Chest (cm)	82	88	94	100	106	114	122	130
Waist (cm)	64	70	76	82	88	96	104	112
Seat (cm)	90	96	102	108	114	122	130	138
Shoulder+ Sleeve lenght (cm)	71	72,5	74	75,5	77	78,5	80	81,5
Inside of leg (cm)	79	80,5	82	83,5	85	86,5	88	89,5
Length (cm)	164	167	170	173	176	179	182	185

## JUNIOR

SIZE	74/80 -1 jaar	86/92 1-2 jaar	98/104 2-4 jaar	110/116 4-6 jaar	122/128 6-8 jaar	134/140 8-10 jaar	146/152 10-12 jaar	158/164 12-14 jaar
Chest (cm)	51	54	56	58	64	70	76	82
Waist (cm)	49	51	53	55	58	62	65	69
Seat (cm)	51	55	59	63	69	75	81	87
Shoulder+ Sleeve lenght (cm)	32	37	43,5	47,5	51,5	57	62	68
Inside of leg (cm)	30	37	44	51	59	66	72	77
Length (cm)	80	92	104	116	128	140	152	164

## GLOVES

SIZE	XXS	XS	S	M	L	XL	XXL
Around palm	6-INCH	7-INCH	8-INCH	9-INCH	10-INCH	11-INCH	12-INCH

## SOCKS

UNISEX	34/36	37/39	40/42	43/45	46/48
JUNIOR	22-24	25-27	29-30	31-33	34-36

## HATS

SIZE	S/M	L/XL
Around head	54/56	58/60

# Footwear Size Chart

## How to measure your feet



### STEP 1

Stand up straight on a hard surface with your heel against the wall and a piece of blank paper taped to the floor.



### STEP 2

Have someone mark the longest part of your foot (referred to as heel-to-toe length) on the paper with a pen or pencil, or measure yourself if necessary. Repeat with the other foot, as sizes may be different on left and right foot.



### STEP 3

Use a ruler to measure the heel-to-toe length you marked for each foot.

## Men Size

UK	US	EU	Heel to toe (cm)
6	7	39½	25
6½	7½	40	25,5
7	8	40½	26
7½	8½	41½	26,5
8	9	42	27
8½	9½	43	27,5
9	10	43½	28
9½	10½	44	28,5
10	11	44½	29
10½	11½	45	29,5
11	12	45½	30
11½	12½	46½	30,5
12	13	47	31
13	14	48½	32
14	15	49½	33
15	16	50½	34

## Women Size

UK	US	EU	Heel to toe (cm)
3	5	35½	22
3½	5½	36	22,5
4	6	37	23
4½	6½	37½	23,5
5	7	38	24
5½	7½	38½	24,5
6	8	39½	25
6½	8½	40	25,5
7	9	40½	26
7½	9½	41½	26,5
8	10	42	27
9	11	43½	28